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The Tennis Parent's Bible: Second Edition



Synopsis

The 2nd Edition of The Tennis Parentâ™s Bible delves even deeper than the original bestselling Tennis Parent's Bible- an essential guide for the competitive junior tennis player, parent and coach. The second edition opens the door to thousands of hours of athlete-coach specific instruction and parental job descriptions that will save thousands of dollars and hours of wasted time, tears and anguish. Frank clearly spells out what tennis parents need to know and understand about how to navigate their young tennis athletes through this maze of the highly competitive and performance driven sport. Regardless of the stage of development, the ultimate goal of The Tennis Parentâ™s Bible is to maximize player potential at the quickest rate. The evolutionary state of tennis demands parents be more involved and informed. Specific roles and responsibilities of the player, coach and parent are outlined for greater synergy, team harmony and accelerate athletic growth. The Tennis Parentâ™s Bible is essential reading for those interested in developing confident, self-reliant and accomplished children.

Book Information

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Customer Reviews

As parents of a nationally ranked USTA junior tennis player and as mental health professionals working with athletes involved in numerous sports, we strongly recommend Frank Giampaolo's Tennis Parent's Bible, 2nd Edition. This book is highly informative and provides a a unique and descriptive roadmap for parents (and coaches) who are serious about doing their part in developing championship level tennis players. With specific advise, encouragement, and keen insight, Frank gives parents the tools they need to guide their children through the physical and psychological development necessary for success. Jeffrey S. Morrow, Ph.D., Licensed Psychologist, Southern

California Psychology Group, Inc. Cheryl R. Morrow, M.A., L.M.F.T., Licensed Marriage and Family Therapist, Southern California Psychology Group, Inc.

I cannot say enough great things about this book. I randomly found it on when I was looking for tennis specific fitness books. I have three children who all play tennis competitively. They have been to several academies and have been taking lessons for a few years. I have been searching and asking for help with developing a plan to help my kids maximize their potential as tennis players. I felt we don't have an organized plan towards their goals. Frank systematically and thoughtfully reviews how to approach developing your child in this sport and truly maximize their potential. He lays out a plan with a breakdown of the hours your child will need to spend in the different areas of training in tennis depending on their goals. Most importantly, he stresses the importance of the parental role in this game. I can't even begin to cover in this brief review how detailed and carefully written this book is but it is a must read for any parent of a tennis player. I think this book reaches parents and families across all sports of young athletes. I really wish I would have found this book several years ago when my children started playing however I am so happy to have it now!

This book is a gold mine of information for not only parents and players but coaches as well. Find out about college tennis, pro tennis, development physically, mentally, and emotionally from one of America's finest tennis professionals. Frank has added another gem to his excellent tennis publications. I highly recommend the Tennis Parents Bible 2nd Edition. Bruce Gullikson USPTA Elite Professional

The greatest teacher in the life of a child is their parents. Their influence trumps that of any others. If you are striving for success in tennis this book is a must read for all. It provides the blueprint for success both on the court and in using the sport to teach lessons that will serve a player well in all facets of their life. I would give it my highest recommendation!

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